



European Society of Aesthetic Surgery (ESAS)

committed to excellence in aesthetic and cosmetic surgery

Cosmetic surgery

Introduction

Cosmetic surgery is surgery that is undertaken for the sole purpose of improving a person's physical appearance. Cosmetic surgery is elective surgery, which means that a person chooses to have it rather than it being essential.

Cosmetic surgery involves changing a person's bodily features in order to achieve what they perceive to be more desirable.

TRAINING PROGRAM

For Aesthetic (Cosmetic) Surgery
Approved training post is 2 years

Scope

Close up and hands-on training in cosmetic surgery is very difficult to obtain, it is unregulated and is done on an ad hoc basis.

This training is in various centres endorsed by the ESAS. It is to provide a comprehensive overview of cosmetic surgery both clinical and theoretical and will prepare the candidates to become proficient in the art of aesthetic surgery. It will give the opportunity to witness live surgery and all activities to do with cosmetic surgery to produce a safe and happy outcome and there could be hands on experience if we get permissions in place. The candidate will attend live surgery, clinics, consultations and on call duties and also learn about non surgical techniques which are vital in any cosmetic practice today. They will join a very busy cosmetic practice for the duration.

The doctor will have a chance to observe and assist in most common cosmetic procedures. He or she will have the option to discuss all cases, both with the surgeon and his assistant. Some lectures will be given in various subjects to help the doctor with his knowledge and get him/her prepared for the board examination in the form of questions and multiple choice questions. They will also attend workshops and conferences on regular basis. They will be encouraged to write papers on the subject from our huge database.



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Eligibility

Any surgeon with primary medical qualification and some surgical experience from the following disciplines:-

Plastic surgery
Cosmetic surgery
ENT
Maxillofacial
General surgery

The candidate must have basic surgical skills (HE MUST BE QUALIFIED AS A SURGEON) and have assisted in several operations before joining the programme.

- Has to be of good character
- Gets on well with patients and colleagues
- Of sound health
- Can provide 2 references from previous jobs or colleagues (one must be a surgeon to vouch for his/her skills)
- Must be familiar with resuscitation techniques
- We encourage that the surgeon
- Has done one of the following or all

I.	General surgery	6 month
	Orthopedic traumathology	6 month
	Pediatric orthopedics and surgery	1 month
	E.N.T	1 month
	Ophthalmology	1 month
	Maxilla-facial surgery	1 month

- Various training programmes
 - a) One week training and observation course
 - b) Two week course
 - c) Six weeks
 - d) Six to twelve months training to obtain Fellowship
 - e) Two year fellowship programme